

# Minutes Moved for the Military

The 13<sup>th</sup> Annual Project Connect Summer Program introduces *Minutes Moved for the Military* program and we need your help!

The theme for camp this year is “*Building a Healthy Community: Starting with Me, My Neighborhood and My Nation*”. Children will be encouraged to commit to increasing their physical activity and making healthier nutritional choices. They will record every minute of exercise they perform during their 8 weeks at camp. Each classroom will compete and tally the total minutes of exercise and activity.

**Faces without Places** will purchase supplies for care packages to send to the troops overseas. At the end of the summer, we will have volunteers from the **Yellow Ribbon Support Center** come to camp and assist the children in packing the care packages.

The children will hear firsthand\* from veterans and military personnel about their experiences, how much it means to receive a care package and what a lifestyle for a soldier is like. Minutes Moved for the Military is the service learning project that motivates Project Connect campers to move more and make healthier choices. Please call or email **Trish Fries** at 513.363.3303 or [friestr@cps-k12.org](mailto:friestr@cps-k12.org) to make your pledge today.

Please sign up today to participate in this amazing opportunity!  
There are several ways to get involved:

- Give a one time donation to support the Minutes Moved for the Military program. Any amount is beneficial.
- Sign up to sponsor a camper and give according to the number of minutes moved by him/her.
- Sign up to sponsor a classroom and give according to the total number of minutes moved.

## About Project Connect Summer Camp

Since 1997, Project Connect has operated an eight week summer camp for children experiencing homelessness and served over 1,900 children. This year, children ages 5 – 12, from 10 emergency shelters and motels will attend the program, supported by Faces without Places.

Each child receives small group reading and math instruction daily. All children have the opportunity to participate in art sessions, learn about health and nutrition, swim at the community pool, learn about cultures around the world, and visit the Dental Van. Weekly field trips expose the children to Cincinnati’s most popular places: Kings Island, The Beach, Coney Island, Great American Ballpark, AMC Theater, The Museum Center and various Cincinnati Parks.

\*This program is in no way supporting the war or taking a particular stand towards it

**Pledges will be made to Faces without Places meaning your contribution will be tax deductible.**